



## World Sight Day: October 13, 2016

*Sight, or the power of seeing, is changing light into thought.*

### Facts and Figures

- According to the American Public Health Association, **80% of a student's learning depends on good vision**. However, around one in four students in grades K-6 have severe vision problems that hinder their learning.
- The annual cost of adult vision problems in the U.S. comes to approximately \$51.4 billion, based on direct medical costs, ongoing care and lost productivity.
- **\$16.67 per month** could buy an otoscope to detect eye disease.
- **4 out of 5** blind people are needlessly so.
- About 285 million people are visually impaired worldwide. Preventable causes are as high as 80% of the total global visual impairment burden.
- 90% of the world's visually impaired people live in developing countries.
- While people with diabetes have a higher risk of blindness, regular checkups help keep minor problems minor, and begin treatment of major problems earlier.
- **\$8 per month** will provide assistance to low-income underinsured patients seeking laser eye treatments for their retinopathy.
- Dyslexia is the most common learning disability, affecting nearly 10% of the population.
- The National Institutes of Health (NIH) states that 95% of children with dyslexia can attain grade level with timely detection and education.
- Boosting literacy benefits education, and employability, and we open opportunities for personal growth and financial independence across the spectrum. Literacy improves self-esteem, empowerment, creativity and critical reflection.
- **\$5 per month** can provide 2 new, free books to a child who may not have any books of their own at home.
- Braille empowers an individual to improvements in both school and in the workplace.



## Find a charity

Access the "Search Charities" button on the MiamiValleyCFC.org home page, or directly, here: [http://www.miamivalleycfc.org/root/index.php?content\\_id=5096](http://www.miamivalleycfc.org/root/index.php?content_id=5096)

Be creative in your search terms to find the perfect fit for you! Listed below, find a sample of the many ways you can make a difference.

### **Literacy:**

Dayton Metro Library Foundation	26604
Sinclair Community College Foundation / Project Read	46784
Clark County Literacy Coalition	29580

### **Blindness Prevention:**

Prevent Blindness Ohio	97635
Kentucky Lions Eye Foundation Inc	56203
Cleveland Society for the Blind	21893
Beaver County Association for the Blind	68529
Prevent Blindness America	11354

### **Braille:**

Seedlings Braille Books for Children	11825
Lighthouse of Broward County Inc	77943
JBI International, Inc.	30184
Blind Children and Adults Action Fund of America	11122
Blind Federation of America	11162
Braille Press, National	25435
Braille Institute of America	11118

### **Health:**

Children's Dyslexia Centers, Inc.	58274
Diabetes Dayton	58098
JDRF International Southwest Ohio Chapter	42405
American Diabetes Association Ohio Chapter	84478



## **What you can do to help bring awareness to Sight Day and avoidable blindness:**

- Collect books to donate to local schools
- Blindfold important local statues
- Gather eyeglasses for donations or recycling
- Organize a vision screening
- Have a bake sale with eyeglass-shaped cookies, or eyeball cupcakes
- Host a “dining in the dark” dinner or lunch party
- Pie-in-the-face contests – don’t forget the protective eyewear!
- Join the IAPB ‘**Eye care for all**’ International Photography Competition. Open to local and professional photographers. Enter with the hashtag, **#Eyecareforall** by 8 October 2015.

Want some other ideas? Contacting any of the amazing organizations available to you via the “Search CFC Charities” page here:

[http://www.miamivalleycfc.org/\\_root/index.php?content\\_id=5096](http://www.miamivalleycfc.org/_root/index.php?content_id=5096)

Thank you for all of your time, energy and financial investments.